

hello

**Going through a difficult time
and need a hand from your
friends and family?**

WWW.SUPPORTCREW.CO.NZ

**Support Crew is a FREE online support platform that
assists you to co-ordinate meals, transport, cleaning
and any other help you need from friends & family.**

**Create a Support Page for yourself or someone else
at supportcrew.co.nz**

SUPPORT CREW

making it easy to give and get a hand